

- امینی، همایون، شریفی، ونداد، اسعدی، سیدمحمد، محمدی، محمدرضا، و کاویانی، حسین. (۱۳۸۶). روایی نسخه فارسی مصاحبه ساختار یافته تشخیصی برای اختلال‌های محور I در (SCID-I) DSMIV. فصلنامه پایش، ۷(۱)، ۴۹-۵۷.
- پالاهنگ، حسن، نصر، مهدی، براهنی، محمدنقی، و شاه‌محمدی، داود. (۱۳۷۵). بررسی همه‌گیرشناسی اختلال‌های روانی در شهر کاشان. فصلنامه اندیشه و رفتار، ۴(۲)، ۱۹-۲۷.
- حشمتی مولایی، نفیسه، جهانگیری، فائزه، و زندکریمی، غزال. (۱۳۹۶). بررسی ویژگی‌های روان‌سنجی مقیاس افکار خودکشی بک در نوجوانان دختر، چهارمین کنفرانس بین‌المللی نوآوری‌های اخیر در روانشناسی. مشاوره و علوم رفتاری، تهران، دانشگاه نیکان، ۲۷۳-۲۷۴.
- صالحی، اعظم، باغبان، ایران، بهرامی، فاطمه، و احمدی، سیداحمد. (۱۳۹۰). رابطه بین راهبردهای شناختی تنظیم هیجان و مشکلات هیجانی با توجه به عوامل فردی و خانوادگی. فصلنامه مشاوره و روان‌درمانی خانواده، ۱۴(۲)، ۵۵-۴۹.
- Aldao, A., Sheppes, G., & Gross, J. J. (2015). Emotion regulation flexibility. *Cognitive Therapy and Research*, 39(3), 263-278.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (DSM-5®)*. American Psychiatric Pub.
- Amini, H., Sharifi, V., Asadi, S. M., Mohamadi, M., & Kaviani, H. (2007). Validity of the Iranian version of the Structured Clinical Interview for DSM-IV (SCID-I) in the diagnosis of psychiatric disorders. *Payesh Journal of The Iranian Institute For Health Sciences Research*, 7(1), 49-57. (text in Persian).
- Butcher, J. N., Mineka, S., & Hooley, J. M. (2017). *Abnormal psychology*. Pearson Education India.
- Garnefski, N., & Kraaij, V. (2014). Bully victimization and emotional problems in adolescents: Moderation by specific cognitive coping strategies? *Journal of adolescence*, 37(7), 1153-1160.
- Gross, J. J. (2002). Emotion regulation: Affective, cognitive, and social consequences. *Psychophysiology*, 39(3), 281-291.
- Gross, J. J., & Jazaieri, H. (2014). Emotion, emotion regulation, and psychopathology: An affective science perspective. *Clinical Psychological Science*, 2(4), 387-401.
- Heshmati Molaei, N., Jahangiri, F., & Zandkarimi, G. (2016). The study of the psychometric properties of Beck's Suicidal Thoughts Scale in Girl's Adolescents, The 4th International Conference on Recent Innovations in Psychology. *Consultation and Behavioral Sciences*, Tehran, Nikan University, 273-274. (text in Persian).
- Law, K. C., & Chapman, A. L. (2015). Borderline personality features as a potential moderator of the effect of anger and depressive rumination on shame, self-blame, and self-forgiveness. *Journal of behavior therapy and experimental psychiatry*, 46 (3), 27-34.
- Linehan, M. M. (1993). *Skills training manual for treating borderline personality disorder*. Guilford Press.
- Linehan, M. M., Neacsiu, A. D., Eberle, J. W., & Kramer, R. (2014). Dialectical behavior therapy skills for transdiagnostic emotion dysregulation: A pilot randomized controlled trial. *Behaviour research and therapy*, 59 (2), 40-51.
- Mertens, D. M. (2014). *Research and evaluation in education and psychology: Integrating diversity with quantitative, qualitative, and mixed methods*. Sage publications.
- Neece, C. L., Berk, M. S., & Combs-Ronto, L. A. (2013). Dialectical behavior therapy and suicidal behavior in adolescence: Linking developmental theory and practice. *Professional Psychology: Research and Practice*, 44(4), 257-269.

- [Palahang, H., Nasr, M., Brahani, M. N., & Shahmohammadi, D. \(1996\). Epidemiology of Mental Illnesses in Kashan City. *Iranian Journal of Psychiatry and Clinical Psychology*, 4 \(2\) ,19-27. \(text in Persian\).](#)
- Salehi, A., Baghban, I., Bahrami, F., & Ahmadi, S. A. (2012). The effect of emotion regulation training based on dialectical behavior therapy and Gross Process Model on symptoms of emotional problems. *Zahedan Journal Res Medicin Scince*, 14(2), 49-55. (text in Persian).
- Schulze, L., Schmahl, C., & Niedtfeld, I. (2016). Neural correlates of disturbed emotion processing in borderline personality disorder: a multimodal meta-analysis. *Biological Psychiatry*, 79(2), 97-106.
- Selby, E. A., & Joiner Jr, T. E. (2013). Emotional cascades as prospective predictors of dysregulated behaviors in borderline personality disorder. *Personality disorders: Theory, research, and treatment*, 4(2), 168-187.
- Soloff, P. H., Pruitt, P., Sharma, M., Radwan, J., White, R., & Diwadkar, V. A. (2012). Structural brain abnormalities and suicidal behavior in borderline personality disorder. *Journal of psychiatric research*, 46(4), 516-525.
- Tomko, R. L., Trull, T. J., Wood, P. K., & Sher, K. J. (2014). Characteristics of borderline personality disorder in a community sample: Comorbidity, treatment utilization, and general functioning. *Journal of personality disorders*, 28(5), 734-750.
- Yaghubi N, Nasr M, Shahmohammadi D. (1995). Epidemiology of Mental Disorders in Urabn and Rural Areas of Sowmaesara-Gillan. *Iranian Journal of Psychiatry and Clinical Psychology*. 4 (1), 55-60. (text in Persian).

Comparison of the Effectiveness of Two Educational Models of Gross and Linehan in Emotion Regulation Skills Training on Suicidal Thoughts in Adolescents with Borderline Personality Disorder